

S O A P

WHAT IS S.O.A.P.?

SCRIPTURE

Open your Bible to the assigned reading for the day and read it. It's that simple.

OBSERVATION

Write down what is happening, what is being taught and who is doing the teaching. You may write something along the lines of, "In this passage Jesus is speaking to a large crowd of people about attitude. He is going through a list of attitudes or approaches to life and its circumstances that God blesses." It can be as short or long as you'd like to make it.

APPLICATION

Reflect on your own life for a moment. How does this scripture apply to your life? As you read it, is there something that sticks out to you specifically about what is being taught or happening that connects with an area in your life which might need some refining? You could write something down like, "When

Jesus said 'Blessed are those who hunger and thirst for righteousness...' it made me think of how, when I am hungry, I will stop at nothing to satisfy my hunger. I want to pursue Jesus that way. I want to want Jesus the way I want a cold drink of water on a hot day or a good meal after skipping lunch. I want to hunger and thirst for righteousness."

PRAYER

Prayer is simply communicating with God. It's our opportunity to tell Him what's on our hearts and minds and is especially powerful when we couple it with the truth of God's Word.

Don't pressure yourself. Prayer isn't about perfection; it's about being present and aware that Jesus gave His life to give you this moment. So embrace it.

BRIDGECHURCH.NET/NEXT

Go to this link if you would like further resources to help you with your relationship with Christ.

JAN

Day	Scripture	Day	Scripture
■ 1	Matthew 1	■ 17	Matthew 17
■ 2	Matthew 2	■ 18	Matthew 18
■ 3	Matthew 3	■ 19	Matthew 19
■ 4	Matthew 4	■ 20	Matthew 20
■ 5	Matthew 5	■ 21	Matthew 21
■ 6	Matthew 6	■ 22	Matthew 22
■ 7	Matthew 7	■ 23	Matthew 23
■ 8	Matthew 8	■ 24	Matthew 24
■ 9	Matthew 9	■ 25	Matthew 25
■ 10	Matthew 10	■ 26	Matthew 26
■ 11	Matthew 11	■ 27	Matthew 27
■ 12	Matthew 12	■ 28	Matthew 28
■ 13	Matthew 13	■ 29	Psalms 25
■ 14	Matthew 14	■ 30	Psalms 26
■ 15	Matthew 15	■ 31	Psalms 27
■ 16	Matthew 16		

FEB

Day	Scripture	Day	Scripture
■ 1	Song of Songs 1	■ 16	1 John 4
■ 2	Song of Songs 2	■ 17	1 John 5
■ 3	Song of Songs 3	■ 18	2 John 1
■ 4	Song of Songs 4	■ 19	3 John 1
■ 5	Song of Songs 5	■ 20	Psalms 32
■ 6	Song of Songs 6	■ 21	Psalms 33
■ 7	Song of Songs 7	■ 22	Psalms 34
■ 8	Song of Songs 8	■ 23	Psalms 35
■ 9	Psalms 28	■ 24	Psalms 36
■ 10	Psalms 29	■ 25	Ecclesiastes 1
■ 11	Psalms 30	■ 26	Ecclesiastes 2
■ 12	Psalms 31	■ 27	Ecclesiastes 3
■ 13	1 John 1	■ 28	Ecclesiastes 4
■ 14	1 John 2	■ 29	Ecclesiastes 5
■ 15	1 John 3		

MAR

Day	Scripture	Day	Scripture
■ 1	Ecclesiastes 6	■ 17	Daniel 10
■ 2	Ecclesiastes 7	■ 18	Daniel 11
■ 3	Ecclesiastes 8	■ 19	Daniel 12
■ 4	Ecclesiastes 9	■ 20	1 Timothy 1
■ 5	Ecclesiastes 10	■ 21	1 Timothy 2
■ 6	Ecclesiastes 11	■ 22	1 Timothy 3
■ 7	Ecclesiastes 12	■ 23	1 Timothy 4
■ 8	Daniel 1	■ 24	1 Timothy 5
■ 9	Daniel 2	■ 25	1 Timothy 6
■ 10	Daniel 3	■ 26	2 Timothy 1
■ 11	Daniel 4	■ 27	2 Timothy 2
■ 12	Daniel 5	■ 28	2 Timothy 3
■ 13	Daniel 6	■ 29	2 Timothy 4
■ 14	Daniel 7	■ 30	Psalms 37
■ 15	Daniel 8	■ 31	Psalms 38
■ 16	Daniel 9		