

# S O A P

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## WHAT IS S.O.A.P.?

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### **SCRIPTURE**

Open your Bible to the assigned reading for the day and read it. It's that simple.

### **OBSERVATION**

Write down what is happening, what is being taught and who is doing the teaching. You may write something along the lines of, "In this passage Jesus is speaking to a large crowd of people about attitude. He is going through a list of attitudes or approaches to life and its circumstances that God blesses." It can be as short or long as you'd like to make it.

### **APPLICATION**

Reflect on your own life for a moment. How does this scripture apply to your life? As you read it, is there something that sticks out to you specifically about what is being taught or happening that connects with an area in your life which might need some refining? You could write something down like, "When

Jesus said 'Blessed are those who hunger and thirst for righteousness...' it made me think of how, when I am hungry, I will stop at nothing to satisfy my hunger. I want to pursue Jesus that way. I want to want Jesus the way I want a cold drink of water on a hot day or a good meal after skipping lunch. I want to hunger and thirst for righteousness."

### **PRAYER**

Prayer is simply communicating with God. It's our opportunity to tell Him what's on our hearts and minds and is especially powerful when we couple it with the truth of God's Word.

Don't pressure yourself. Prayer isn't about perfection; it's about being present and aware that Jesus gave His life to give you this moment. So embrace it.

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## BRIDGECHURCH.NET/NEXT

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Go to this link if you would like further resources to help you with your relationship with Christ.

Day	Scripture	Day	Scripture
■ 1	John 1	■ 17	John 17
■ 2	John 2	■ 18	John 18
■ 3	John 3	■ 19	John 19
■ 4	John 4	■ 20	John 20
■ 5	John 5	■ 21	John 21
■ 6	John 6	■ 22	Psalms 14
■ 7	John 7	■ 23	Psalms 15
■ 8	John 8	■ 24	Hosea 1
■ 9	John 9	■ 25	Hosea 2
■ 10	John 10	■ 26	Hosea 3
■ 11	John 11	■ 27	Hosea 4
■ 12	John 12	■ 28	Hosea 5
■ 13	John 13	■ 29	Hosea 6
■ 14	John 14	■ 30	Hosea 7
■ 15	John 15	■ 31	Hosea 8
■ 16	John 16		

Day	Scripture	Day	Scripture
■ 1	Hosea 9	■ 16	Jude 1
■ 2	Hosea 10	■ 17	Titus 1
■ 3	Hosea 11	■ 18	Titus 2
■ 4	Hosea 12	■ 19	Titus 3
■ 5	Hosea 13	■ 20	2 Samuel 1
■ 6	Hosea 14	■ 21	2 Samuel 2
■ 7	1 Peter 1	■ 22	2 Samuel 3
■ 8	1 Peter 2	■ 23	2 Samuel 4
■ 9	1 Peter 3	■ 24	2 Samuel 5
■ 10	1 Peter 4	■ 25	2 Samuel 6
■ 11	1 Peter 5	■ 26	2 Samuel 7
■ 12	2 Peter 1	■ 27	2 Samuel 8
■ 13	2 Peter 2	■ 28	2 Samuel 9
■ 14	2 Peter 3	■ 29	2 Samuel 10
■ 15	Philemon 1	■ 30	2 Samuel 11

Day	Scripture	Day	Scripture
■ 1	2 Samuel 12	■ 17	Psalms 19
■ 2	2 Samuel 13	■ 18	Matthew 1
■ 3	2 Samuel 14	■ 19	Matthew 2
■ 4	2 Samuel 15	■ 20	Matthew 3
■ 5	2 Samuel 16	■ 21	Isaiah 7
■ 6	2 Samuel 17	■ 22	Isaiah 9
■ 7	2 Samuel 18	■ 23	Micah 5
■ 8	2 Samuel 19	■ 24	Luke 1
■ 9	2 Samuel 20	■ 25	Luke 2
■ 10	2 Samuel 21	■ 26	Luke 3
■ 11	2 Samuel 22	■ 27	Psalms 20
■ 12	2 Samuel 23	■ 28	Psalms 21
■ 13	2 Samuel 24	■ 29	Psalms 22
■ 14	Psalms 16	■ 30	Psalms 23
■ 15	Psalms 17	■ 31	Psalms 24
■ 16	Psalms 18		